

Nutiva

Organic Black Chia Seeds

12 oz bag

(16) [Write a Review](#)



Retail Price: ~~\$13.95~~

Member Price: **\$6.99 (Save 50%)**

12 oz bag

Select Quantity

1

ADD TO CART



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MEMBERS WHO BOUGHT THIS ITEM ALSO BOUGHT 1 OF 5



Thrive Marke...  
16 oz...

(38)

~~\$8.99~~  
\$4.95  
(Save 45%)

ADD  
TO  
CART



Nutiva Organ...  
8 oz bag

(49)

~~\$10.35~~  
\$7.99  
(Save 23%)

ADD  
TO  
CART



Navitas Organ...  
8 oz bag

(24)

~~\$12.89~~  
\$8.45  
(Save 34%)

ADD  
TO  
CART



Navitas Organ...  
16 oz...

(18)

~~\$30.09~~  
\$17.99  
(Save 40%)

ADD  
TO  
CART



Navitas Organ...  
8 oz bag

(46)

~~\$10.85~~  
\$6.99  
(Save 36%)

ADD  
TO  
CART



Navitas Organ...  
8 oz bag

(28)

~~\$10.85~~  
\$7.45  
(Save 31%)

ADD  
TO  
CART



Go Raw Organ...  
16 oz...

(185)

~~\$15.99~~  
\$10.95  
(Save 32%)

ADD  
TO  
CART



Nutiva Organ...  
16 oz j...

(40)

~~\$19.79~~  
\$11.29  
(Save 43%)

ADD  
TO  
CART



Spectri Natur..  
24 oz...

(16)

~~\$11.99~~  
\$7.79  
(Save 35%)

ADD  
TO  
CART

## WHY YOU'LL LOVE IT

The people of the ancient Aztec and Mayan empires revered chia seeds as vital nourishment. Because these mighty, gluten-free seeds are packed with omega-3, protein, rare antioxidants, and fi... See More

SKU: 692752103117

## ABOUT THIS BRAND

Nutiva is a powerhouse brand that has made it their mission to help consumers escape the tangled web of the industrialized food system by providing beneficial, wholesome options. Nutiva offers pure, goo... See More

SHOP THE BRAND

## INGREDIENTS

Raw Organic Chia Seeds.

**California residents:** [Learn more](#) on Prop 65 warning.

**Disclaimer:** Information, statements, and reviews regarding products have not been evaluated by the Food and Drug Administration. Results vary person to person, and there is no guarantee of specific results. Thrive Market assumes no liability for inaccuracies or misstatements about products.

Serving Size 1 Tbsp (12 g)

Servings Per Container About 28

AMOUNT PER SERVING

Calories 60

Calories from Fat 25

	% Daily Value*
Total Fat 3 g	5%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrate 5 g	2%
Dietary Fiber 5 g	20%
Sugars 0 g	
Protein 3 g	
<hr/>	
Vitamin A	0%
Vitamin C	0%
Calcium	8%
Iron	6%

13 VALUES

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Certified  
Organic

Certified  
Gluten-Free

Certified  
Kosher

Non-GMO  
Project  
Verified

>

REVIEWS FOR NUTIVA ORGANIC BLACK CHIA SEEDS

WRITE A REVIEW

Based on 16 Reviews

5 Stars	14
4 Stars	2
3 Stars	0
2 Stars	0
1 Star	0

PROS

Certified B Corp.	1
Gluten free	1
Healthy	1
Non-GMO	1
Organic	1



CONS

Expensive.	1
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BEST USES

Smoothies, pancakes, baked goods, chia pudding	1
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Reviewed by 16 customers

Most Helpful

anti clogging goodness



2 months ago

Rebecca | undisclosed

✓ Verified Reviewer

love these. my cardiologist recommended to me to help lower cholesterol and prevent arteries clogging. IT WORKS

Was this review helpful to you?

 2  0

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## Great in Smoothies



2 years ago

Lindsey | PARKER, Colorado

✓ Verified Buyer

I add chia seeds to my smoothies. They make a good thickener if you let them sit for a bit, and they have no flavor. I also like to put them in muffins or the raw date, nut, cocoa balls I make. If you are a little backed up, chia seeds can help get things moving again, in a very gentle way.

Was this review helpful to you?

 2  0

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## Can trust Nutiva



2 years ago

Megan | Bayside, New York

✓ Verified Buyer

I feel I can always trust a Nutiva product. I have no complaints about these Chia seeds, and thanks to Thrive, I get them for a great price.

Was this review helpful to you?

 1  0

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Loos way



3 years ago

Yong moreno | SIERRA VISTA, Arizona

 Verified Buyer

Very good

Was this review helpful to you?

 1  0

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Great price and better product

3 years ago

Kerry Cannon | Marina del Rey, California

 Verified Buyer

These organic chia seeds are so healthy. They are packed with fiber, protein and are also low calorie, low carb and best of all, don't have any gluten! I know gluten free diets have become sort of a cliché, but gluten allergies are real, and for me, finding a good gluten free product can be difficult. But Thrive makes it so easy by dividing their products into categories like vegan, gluten free, etc. Also, price wise, this is selling on Amazon for nearly five dollars more, same size. I use the in my morning smoothies and I also mix into my oatmeal, and I get the nutrients I need without anything added to make it toxic. Thank you Thrive for trying to do something different!

Was this review helpful to you?

 1  0

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Next »

MEMBERS WHO VIEWED THIS ITEM ALSO VIEWED 1 OF 8



Nativa  
Organ...  
8 oz bag

(49)

~~\$10.35~~  
\$7.99  
(Save  
23%)

ADD  
TO  
CART



Mamma  
Chia...  
12 oz...

(22)

~~\$8.99~~  
\$5.49  
(Save  
39%)

ADD  
TO  
CART



Thrive  
Marke...  
16 oz...

(41)

~~\$15.99~~  
\$7.95  
(Save  
50%)

ADD  
TO  
CART



Mamma  
Chia...  
12 oz...

(19)

~~\$8.99~~  
\$5.49  
(Save  
39%)

ADD  
TO  
CART



Spectru  
Essen...  
10 oz...

(11)

~~\$11.29~~  
\$7.45  
(Save  
34%)

ADD  
TO  
CART



Navitas  
Organ...  
8 oz bag

(24)

~~\$12.89~~  
\$8.45  
(Save  
34%)

ADD  
TO  
CART



Thrive  
Marke...  
15 oz j...

(236)

~~\$14.99~~  
\$7.95  
(Save  
47%)

ADD  
TO  
CART



Go Raw  
Organ...  
16 oz...

(185)

~~\$15.99~~  
\$10.95  
(Save  
32%)

ADD  
TO  
CART



Manitowish  
Harve...  
16 oz...

(57)

~~\$15.99~~  
\$10.29  
(Save  
36%)

ADD  
TO  
CART

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BY NICOLE GULOTTA

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FOOD

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